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ESS 206

Badminton Skills Test and Record Form

Lockhart-McPherson Badminton Test

The Lockhart-McPherson Badminton Test is designed to simulate a game situation. The test can be done inside or out, as long as you have an open area, solid wall, and relatively high ceilings. First, a line should be made with tape on the wall 5 feet off the ground and parallel to it. This is to simulate the net. Another line should be made on the ground parallel with the wall and 6.5 feet from it. This is the starting line. Another line must be made 3 feet from the base of the wall and parallel to it, called the restraining line. The student being tested begins by serving the shuttle against the wall from behind the starting line. Once the shuttle hits the wall and bounces back, the student continues returning the shuttle against the wall from anywhere behind the restraining line. The object is to see how many times they can hit the shuttle in 30 seconds. If the shuttle hits the ground, they may pick it up and put it back into play from behind the starting line, continuing their count from where they left off. If the student violates the net line or restraining line, they may continue on with their test, but any hits occurring during the violation may not be counted. The test is administered 3 times by each student, and the scores are added together.

