

## REQUEST FOR USE OF MEDICAL RESTRAINTS

Although completion of this form is voluntary, all the information requested on this form needs to be submitted as part of the approval process.

Name – Consumer		Birth Date		Type of Request <input type="checkbox"/> New <input type="checkbox"/> Review	
Current Address – Consumer		City		State	Zip Code
Name – Guardian				Telephone Number – Guardian	
Address – Guardian		City		State	Zip Code
Current Residence – Consumer					
<input type="checkbox"/> Personal Residence ( <i>same address as above</i> ) <input type="checkbox"/> Licensed or Certified Facility ( <i>Provide name and address below.</i> ) <input type="checkbox"/> Other ( <i>Describe and provide address below.</i> )					
Street Address		City		State	Zip Code
Name - Facility				Facility Type	
Street Address - Facility				Telephone Number	
City		State	Zip Code	FAX Number	
Is the consumer's proposed placement other than the current residence? <input type="checkbox"/> Yes ( <i>Provide name below.</i> ) <input type="checkbox"/> No					
Name - Facility				Facility Type	
Street Address - Facility				Telephone Number	
City		State	Zip Code	FAX Number	
Name – Agency Submitting This Request				Date Submitted	
Name – Agency Contact Person		Telephone Number	FAX Number	E-mail Address	
Street Address - Agency		City		State	Zip Code

**DEFINITIONS**

A **medical restraint** is an apparatus or procedure that restricts the free, voluntary movement of a person **and** cannot be easily removed by the individual **and** a “Yes” to one of the following. Check “Yes” or “No” if the following apply.

Yes	No		
<input type="checkbox"/>	<input type="checkbox"/>	<b>Medical Procedure Restraint</b>	Medical procedure or apparatus restraint used when necessary to accomplish diagnostic or therapeutic procedures ordered by a physician, physician’s assistant or dentist.
<input type="checkbox"/>	<input type="checkbox"/>	<b>Restraints Allowing Healing</b>	Restraints for health-related conditions in order to allow healing of an injury. Examples of circumstances requiring healing may include lacerations, fractures, post-surgical wounds, skin ulcers and infections.
<input type="checkbox"/>	<input type="checkbox"/>	<b>Long Term Restraints</b>	Restraints used for protection from injury in the presence of a chronic health condition. An example is using a safety belt to protect an individual who has severe osteoporosis and ataxia.

If the answer to the Medical Restraint **and** any of the above definitions is “Yes,” continue.

**PERSONAL SUMMARY**

Type of Employment

Support Systems (name, address, telephone number, and relationship)

Interests

Dislikes

**HEALTH CONSIDERATIONS**

Diagnoses

Health Concerns



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Describe the frequency and duration of use.

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Provide written authorization by a physician which identifies the type of medical restraint ordered, the indication for its use, and the time period for its application.

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**PREVIOUS ALTERNATIVE STRATEGIES OR INTERVENTIONS ATTEMPTED**

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List and explain previous alternative strategies or interventions, when they were tried, how long they were tried, and the outcomes

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1. Strategy

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Outcome

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2. Strategy

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Outcome

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3. Strategy

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Outcome

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4. Strategy

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Outcome

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**CURRENT AND PROPOSED STRATEGIES**

Describe or attach a copy of the current and proposed strategies and safeguards for the medical condition. Include staffing patterns, level of supervision, restrictions, or limitations. Attach the current care plan, OT and PT evaluations, physician orders, and informed consent by the consumer or guardian.

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**RISK AND BENEFITS**

Describe a risk and benefit analysis for the use of the medical restraint.

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**MEDICAL RESTRAINT**

Identify the proposed medical restraint and why these strategies are needed.

**Attach relevant photos, manufacturer specifications, or literature.**

Procedure / Device	Purpose	Plan <i>(Specify where procedure or device is used, when, length of time, etc.)</i>	Desired Outcome

**REDUCTION AND ELIMINATION PLAN FOR RESTRAINTS**

Describe or attach a copy of the plan for reducing and eventually eliminating the need for the medical restraint.

**TRAINING**

Describe or attach a copy of the plan to provide initial and on-going training for staff. Identify who will conduct the training, his/her credentials, the duration of training, and how training will be documented.

**REVIEW**

Describe or attach a description of how the plan will be monitored, documented, and reviewed.

**SUPPORT PLAN CONTRIBUTORS / DEVELOPERS**

Name	Relationship to Consumer

**PLAN REVIEW**

Plan Reviewed By	Name	Signature	Date Reviewed
Consumer (if not under guardianship * )			
Guardian (if applicable * )			
Placing Agency *			
Provider Agency *			
Primary Physician			
Other:			
Other:			
Other:			

\* Required signatures