

# food cash health assistance benefits



Do you want an easy way to get information about your food assistance, cash assistance, or health assistance benefits? If you do, you can now use a new Internet tool called My Account Page to see your status!

**My Account Page (MAP)** lets the head of the household see information about the following benefits that the household now receives.

The **head of the household** is the person who signed the application for benefits.

## Health Assistance

MassHealth  
Commonwealth Care  
Health Safety Net  
Children's Medical Security Plan  
Healthy Start

## Food/Cash Assistance

SNAP (formerly known as Food Stamps)  
TAFDC (Cash Assistance)  
EAEDC (Cash Assistance)

**With MAP, you can view:**

- your benefits
- the date that benefits will be available (*this feature is not available for Commonwealth Care*)
- notices that we have sent to your household
- important information that will help you manage your benefits

You can also use MAP to update some household information for health assistance benefits without calling a MassHealth office. If you are a Commonwealth Care member, you may be able to use MAP to fill out your necessary annual review online.

**[www.mass.gov/vg/selfservice](http://www.mass.gov/vg/selfservice)**

