USMC FITNESS REPORT (1610)
NAVMC 10835 (Rev. 7-11) (EF)
PREVIOUS EDITIONS WILL NOT BE USED
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COMMANDANT'S GUIDANCE

DO NOT STAPLE THIS FORM

The completed fitness report is the most important information component in manpower management. It is the primary means of evaluating a Marine's performance and is the Commandant's primary tool for the selection of personnel for promotion, augmentation, resident schooling, command, and duty assignments. Therefore, the completion of this report is one of an officer's most critical responsibilities. Inherent in this duty is the commitment of each Reporting Senior and Reviewing Officer to ensure the integrity of the system by giving close attention to accurate marking and timely reporting. Every officer serves a role in the scrupulous maintenance of this evaluation system, ultimately important to both the individual and the Marine Corps. Inflationary markings only serve to dilute the actual value of each report. Reviewing Officers will not concur with inflated reports.

A. ADMINISTRAT	IVE INFORMATION							
1. Marine Reported	On:							
a. Last Name		b. First Name	c. MI	d. SSN	e. Grade	f. DOR	g. PMOS h. BILM	IOS
2. Organization:								
a. MCC b. RUC	c. Unit Description	on						
<u> </u>								
3. Occasion and Per		I	Duty Assig	jnment (de	scriptive title):			
a. OCC b. From	То	c. Type						
								1
5. Special Case: a. Adverse b. Not 0	Shoomand a Extend	6. Marine S			. 5		mended For Promotion: b. No c. N/A	
a. Adverse b. Not C	Doserved C. Extend	eu a. Comn Mater	endatory	b. Deroga Materia	atory c. Disciplin	ary a. res		
8. Special Information	on:			9. D	uty Preference:			
	1 —			a	. Code b. Descr	iptive Title		
a. QUAL	d. HT(in.)	g. Reserve		1st				
l	l	Compone	π <u> </u>	\dashv .				
b. PFT	e. WT	h. Status		2nd				
c. CFT	f. Body Fat	i. Future Us	se —	3rd				
] "		``					
10. Reporting Senio	r:							
a. Last Name		b. Init c. Serv	/ice d.	SSN	e. Grade	f. Duty Assign	nment	
11. Reviewing Office a. Last Name	er:	b. Init c. Serv	rico d	SSN	e. Grade	f. Duty Assigi	amont	
a. Last Name		b. IIII C. Serv	rice u.	33N	e. Graue	i. Duty Assign	iment	
B. BILLET DESC	PRIDTION							
D. DILLET DESC	JAIF HON							
C. BILLET ACC	OMPLISHMENTS							

Marine Reported On: a. Last Name			b. First Name c.	МІ	d.	SSN		2. Occas	sion and Period b. From	Covered: To		
D.	MISSION ACCOMPLIS	НМ	ENT									
PERFORMANCE. Results achieved during the reporting period. How well those duties inherent to a Marine's billet, plus all additional duties, formally and informally assigned, were carried out. Reflects a Marine's aptitude, competence, and commitment to the unit's success above personal reward. Indicators are time and resource management, task prioritization, and tenacity to achieve positive ends consistently.												
ADV Meets requirements of billet and additional duties. Aptitude, commitment, and competence meet expectations. Results Consiste measurable Habitually resources products.			Consistently produces quality re measurably improving unit perform Habitually makes effective use of resources; improves billet proceproducts. Positive impact extendibillet expectations.	sults w rmance time a dures a	vhile e. nd nd		Results far s exploits new Emulated; so beyond unit. approaches t	far surpass expectations. Recognizes and new resources; creates opportunities. d; sought after as an expert with influence unit. Impact significant; innovative hes to problems produce significant gains y and efficiency.				N/O
A	A B C D E F								G	H		
			al knowledge and practical skill in t which contribute to accomplishing								n and	
ADV	requisite range of skills and knowledge commensurate with grade and experience. Understands and articulates basic functions related to mission accomplishment.		Demonstrates mastery of all requ Expertise, education and experier consistently enhance mission accomplishment. Innovative trou and problem solver. Effectively in skills to subordinates.	nce Iblesho	oter		far beyond the education and innovative ac mission acco	ose of pe d experie tions. Ma mplishme	nowledge and skill ers. Translates br nce into forward th kes immeasurable int. Peerless teach rtise to subordina	oad-based ninking, e impact on ner,		N/O
	B □	C	D			E			F □		G □	H
JUS	JUSTIFICATION:											
E.	INDIVIDUAL CHARACT	ΓER										
conso	cience over competing interests others. The will to persevere de	rega	to overcome danger, fear, difficult rdless of consequences. Consciou uncertainty.									or
ADV	Demonstrates inner strength and acceptance of responsibility commensurate with scope of duties and experience. Willing to face moral or physical challenges in pursuit of mission accomplishment.		Guided by conscience in all actio ability to overcome danger, fear, d anxiety. Exhibits bravery in the fa adversity and uncertainty. Not de morally difficult situations or haza responsibilities.	lifficult ice of terred	y or		obstacles and dilemma or lif under the mo Always place	l inspire o e-threate st advers s conscie	nd capacity to over others in the face on ning danger. Demo e conditions. Selfi nce over competin or personal conse	of moral onstrated ess. og interests		N/O
Α	В	С	D			E			F		G	Н
posui	re appropriate for the situation, v	while	ninking, functioning and leading eff displaying steady purpose of action gth, resilience and endurance are e	on, ena	bling							m-
ADV	·		Consistently demonstrates matur agility and willpower during perior adversity. Provides order to chao the application of intuition, proble skills, and leadership. Composur others.	rity, me ds of es throu em-solv	ental ugh ving		under the mo- Stabilizes any	st deman situation	-matched presence ding circumstance through the resol rection, focus and	s. ute and		N/O
A	В	C	D			E			F		G	H
			specific direction. Seeing what nee							begin a task	and	
ADV		own	accord. Being creative, proactive Self-motivated and action-oriente Foresight and energy consistently	d. r transf		. Trai	Highly motive exceptional a	ated and wareness	proactive. Display of surroundings a	ınd		N/O
	specific direction. Acts commensurate with grade, training and experience.		opportunity into action. Develops pursues creative, innovative solut without prompting. Self-starter.		Acts		requirements	and quic	ability to anticipa kly formulate origii ways takes decisiv	nal, far-		
A	В	С	D			E			F		G] H
	LI STIFICATION:	Ш				Ш					Ш	
	JUSTIFICATION:											
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-	Last Name		b. First Name c. MI d		SSN	l a. OCC	b. From	To		
F. L	EADERSHIP									
1. LEADING SUBORDINATES. The inseparable relationship between leader and led. The application of leadership principles to provide direction and motivate subordinates. Using authority, persuasion and personality to influence subordinates to accomplish assigned tasks. Sustaining motivation and morale while										
maxim	izing subordinates' performanc		and personality to initiating duborumator to t		, cp					
ADV	Engaged; provides instructions and directs execution. Seeks to accomplish mission in ways that sustain motivation and morale. Actions contribute to unit effectiveness.	Achieves a highly effective balance between direction and delegation. Effectively tasks subordinates and clearly delineates standards expected. Enhances performance through constructive supervision. Fosters motivation and enhances morale. Builds and sustains teams that successfully meet mission requirements. Encourages initiative and candor among subordinates.		Promotes creativity and energy among subordinates by striking the ideal balance of direction and delegation. Achieves highest levels of performance from subordinates by encouraging individual initiative. Engenders willing subordination, loyalty, and trust that allow subordinates to overcome their perceived limitations. Personal leadership fosters highest levels of motivation and morale, ensuring mission accomplishment even in the most difficult circumstances.					N/O	
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			itment to train, educate, and challenge all Mari							
Mentoi coachi	rship. Cultivating professional a	and p eran	personal development of subordinates. Develor tof mistakes in the course of learning.	pii	ng te	eam players and esprit de	corps. Ability to co	mbine tea	achin	g and
	Maintains an environment that allows personal and professional development. Ensures subordinates participate in all mandated development programs.		Develops and institutes innovative programs, to include PME, that emphasize personal and professional development of subordinates. Challenges subordinates to exceed their perceived potential thereby enhancing unit morale and effectiveness. Creates an environment where all Marines are confident to learn through trial and error. As a mentor, prepares subordinates for increased responsibilities and duties.			Widely recognized and er coach and leader. Any Ma serve with this Marine bec grow personally and profe and unit performance far results due to MRO's men building talents. Attitude development is infectious unit.	arine would desire to cause they know the essionally. Subord surpassed expected torship and team toward subordinate	to ey will inate d		N/O
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			ble facet of leadership: how well a Marine serv ehavior, fitness, and appearance. Bearing, dem					monstrate	s	
	Maintains Marine Corps standards for appearance, weight, and uniform wear. Sustains required level of physical fitness. Adheres to the tenets of the Marine Corps core values.		Personal conduct on and off duty reflects highest Marine Corps standards of integrity, bearing and appearance. Character is exceptional. Actively seeks self-improvement in wide-ranging areas. Dedication to duty and professional example encourage others' self-improvement efforts.		i	Model Marine, frequently conduct, behavior, and act inspiration to subordinates Remarkable dedication to others.	tions are tone-setti s, peers, and senio	ng. An rs.		N/O
A	B □	C	D	-	E	F	F ¬		G	⊐≖
4. EN	SURING WELL-BEING OF SUBO	ORD	NATES. Genuine interest in the well-being of Information for family readiness is inherent. The importa	Mai	rines	s. Efforts enhance subord	inates' ability to co	ncentrate	/focu	ıs
ADV	Deals confidently with issues pertinent to subordinate welfare and recognizes suitable courses of action that support subordinates' well-being. Applies available resources, allowing subordinates to effectively concentrate on the mission.		Instills and/or reinforces a sense of responsibility among junior Marines for themselves and their subordinates. Actively fosters the development of and uses support systems for subordinates which improve their ability to contribute to unit mission accomplishment. Efforts to enhance subordinate welfare improve the unit's ability to accomplish its mission.	r		Noticeably enhances sub- resulting in a measurable in effectiveness. Maximizes to provide subordinates we available. Proactive appro- unit members to "take care correcting potential proble hinder subordinates' effec- recognized for techniques produce results and build family atmosphere. Puts n Marines always, into actio	ordinates well-bein increase in unit unit and base resoith the best suppor ach serves to energe e of their own," the ems before they can tiveness. Widely and policies that morale. Builds str motto Mission first.	g, urces t gize reby 1		N/O
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<u> </u>	Ц	Ц			<u> </u>		<u> </u>		Ш	Ш
listeni	ng, speaking, writing, and critic	al re	nt transmission and receipt of thoughts and id ading skills. Interactive, allowing one to perce	ive	prol	blems and situations, prov	∕ide concise guidar	ice, and e	xpres	ss
	ex ideas in a form easily unders ader's ability to motivate as wel		by everyone. Allows subordinates to ask que counsel.	esti	ions,	raise issues and concern	s and venture opini	ions. Coi	ntribu	ıtes
ADV	Skilled in receiving and conveying information. Communicates effectively in performance of duties.		Clearly articulates thoughts and ideas, verbally and in writing. Communication in all forms is accurate, intelligent, concise, and timely. Communicates with clarity and verve, ensuring understanding of intent or purpose. Encourages and considers the contributions of others.			Highly developed facility Adept in composing writte highest quality. Combine skills which engender con understanding irrespectiv or size of the group addre intuitive sense of when an	en documents of the s presence and ver afidence and achieve of the setting, situssed. Displays an	e bal 'e		N/O
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1. Marine Reported On:							sion and Period C			
a. Last Name		b. First Name	c. MI	d.	SSN	a. OCC	b. From	То		
G. INTELLECT AND WISI										
1.PROFESSIONAL MILITARY EDUCA of warfighting and leadership aptitud extension courses; civilian educatior Commandant's Reading List; particip	e. Resource al institution	s include resident scho n coursework; a person	ools; profess al reading p	ional o	qualifica n that inc	tions and certificati cludes (but is not li	ion processes; nonre mited to) selections t	esident and other	depth her	1
ADV Maintains currency in required military skills and related developments. Has completed or is enrolled in appropriate level of PME for grade and level of experience. Recognizes and understands new and creative approaches to service issues. Remains abreast of contemporary concepts and issues.	require compre include and/or	utlook extends beyond d education. Develops shensive personal prog ss broadened professio academic course work; ncepts and ideas.	and follows ram which nal reading	а	acti as a topi adva Intro serv	ve and continuous n intellectual leade cs. Makes time for antage of all resour oduces new and cre	learning. As a result efforts, widely recog r in professionally re study and takes ces and programs. Pative approaches to ges in a broad spectr	nized elated	N	N/O
A B	С	D			E		F		}	Н
2. DECICION MAKING ABILITY, Vial		u mrahlam askutian. Ga	méniku élmer e		10.000	dament and decision	James Pasisians va	fleet the below	<u> </u>	<u></u>
2. DECISION MAKING ABILITY. Vial between an optimal solution and a sa established intent and the goal of mis	tisfactory, w	orkable solution that go	enerates ten	ipo. D	ecisions	are made within th	ne context of the com	mander's	ce	
ADV Makes sound decisions		nstrates mental agility:	•		1			olvo	l N	1/O
leading to mission accomplishment. Actively collects and evaluates information and weighs alternatives to achieve timely results. Confidently approaches problems; accepts responsibility for outcomes.	prioriti proble experie Anticip long-te	zes and solves multiple ms. Analytical abilities ence, education, and ima ates problems and imp rm solutions. Steadfas lifficult decisions.	complex enhanced b tuition. lements vial	1	the ma acc arri fric pro bet	most critical, comp tched analytical and urately foresees ur ves at well-timed d tion. Completely c blems. Masterfully	d sought after to res- olex problems. Selde d intuitive abilities; nexpected problems ecisions despite fog onfident approach to strikes a balance perfect knowledge a	om and and all		
A B	С	D			E		F	(• 	Н
A UDOMENT The discussion and				- I						<u></u>
3. JUDGMENT. The discretionary as Comprehends the consequences of c			core values	s, knov	vledge, a	ind personal experi	ence to make wise c	hoices.		
ADV Majority of judgments are measured, circumspect, relevant and correct.	correc consec assess making	ons are consistent and t, tempered by consider quences. Able to identi s relevant factors in the g process. Opinions so dinates personal interes iality.	ration of the fy, isolate an decision ought by oth	nd iers.	beyo	ond this Marine's ex II; often an arbiter.	ptional insight and w kperience. Counsel s Consistent, superio confidence of seniors	sought r	N	N/O
<u>А</u> <u>В</u>	С	D			E		F		<u> </u>	H
										<u></u>
H. FULFILLMENT OF EVALUATIONS. The extent to whe evaluations. ADV Occasionally submitted untimely or administratively incorrect evaluations. As RS, submitted one or more reports that contained inflated markings. As RO, concurred with one or more reports from subordinates that were returned by HQMC for inflated marking.	Prepare consiste accurate characte marking HQMC f reports marking by RO o Section Justifica substan		g official co is which were . Evaluation nce and ed no inflate by RO or o subordinal inflated were returne cive errors. latives. erifiable, le, quantifia	re is ed res'	No re either inflate returr inflate admir for co	ports submitted lat RO or HQMC for a ed markings. No su led by HQMC for ac ed markings. Retur nistratively incorrec	nduct, accurate, unin te. No reports return dministrative correct ibordinates' reports dministrative correcti rned procedurally or treports to subordir onconcurred with all	ed by tion or		N/O
A B □	C □	□			E		F	(C) 	H
JUSTIFICATION:	<u> </u>				<u> </u>				<u> </u>	<u> </u>
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1. Marine Reported On: a. Last Name	b. First Name	c. MI	d. SSN	2. Occ a. OCc	casion and Period C	overed:
u. Eust Name	J. Thorname	<u> </u>	u. 0011	1	5. 110	1
I. DIRECTED AND ADDITIONAL O	OMMENTS					1
J. CERTIFICATION 1. I CERTIFY that to the best of my know belief all entries made hereon are true and prejudice or partiality and that I have proved to the Marine Reported. 2. I ACKNOWLEDGE the adverse nature I have no statement to make I have attached a statement K. REVIEWING OFFICER COMIME	ledge and d without vided a signed d on. of this report and	(Signature	ure of Reporti	ported On)	(Date in YYY	YMMDD format) YMMDD format)
1. OBSERVATION: Sufficient	Insufficient		2. EVALUATI	ON:		Not Concur
3. COMPARATIVE ASSESSMENT: Provide a comparative assessment of potential by placing an "X" in the appropriate box. In marking the comparison, consider all Marines of this grade whose professional abilities are known to you personally. 4. REVIEWING OFFICER COMMENTS: include: promotion, command, assignment, resi	THE EMINENTL ONE OF THE MA PROFESSION MAJORITY A QUAL UNSA	OF THE FEW Y QUALIFIED ANY HIGHLY ALS WHO FO OF THIS GR LIFIED MARII	D MARINES QUALIFIED DRM THE RADE NE Y			\$_ \$ \$ \$ \$ \$ \$
5. I CERTIFY that to the best of my know belief all entries made hereon are true and prejudice or partiality. 6. I ACKNOWLEDGE the adverse nature I have no statement to make I have attached a statement L. ADDENDUM PAGE ADDENDUM	d without –	(Signature	ure of Review of Marine Re			YYMMDD format) YYMMDD format) YYMMDD format)
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USMC FITNESS REPORT DO NOT STAPLE NAVMC 11297 (Rev. 7-11) (EF) FOUO - Privacy sensitive when filled in. **ADDENDUM PAGE** THIS FORM A. PURPOSE 1. Marine Reported On: 2. Occasion and Period Covered: a. Last Name b. First Name c. M.I d. SSN e. Grade a. OCC b. From То 3. Purpose: a. Continuation of Comments b. Accelerated Promotion c. Adverse Report d. Admin e. Supplemental f. HQMC Justification Section I RO Justification MRO Statement 3rd Officer Sighter Material Review Use B. TEXT C. SUBMITTED BY b. First Name 1. a. Last Name c. MI 2. SSN 4. Grade 3. Service Signature (Date in YYYYMMDD format) D. GENERAL/SENIOR OFFICER ADVERSE REPORT SIGHTING 1. a. Last Name b. First Name c. MI 2. SSN 3. Service 4. Grade 5. Title (Date in YYYYMMDD format) Signature PAGE OF

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