

DOCTOR'S EXCUSE NOTE

Institution: _____

Dr. _____

Address: _____

Phone: _____

Email: _____

Date of examination: _____, 20____

Return appointment: _____, 20____

That is to certify that patient _____ was under my care at my office on _____, 20____. Please excuse this absence.

Health issue description:

EXAMINATION RESULT

- Full Duty: may return to work\school without any restrictions or limitations.
- Light Duty: may return to work\school with restrictions and\or limitations (described below). Restrictions duration: _____; Limitations duration: _____;
- Off Work: patient cannot return to work\school and is not able to perform their duties until _____, 20____ or until next evaluation.

RESTRICTIONS (if applicable)

- No bending
- No twisting
- No lifting more than ____ lbs.
- No climbing

Other:

LIMITATIONS (if applicable)

- Working\Studying hours per day allowed: ____ hours.
- Must take at least ____ breaks during the working\studying day.
 - Minimum break duration: ____ minutes.

Must wear a brace

Other:

Additional Doctor's Comments:

(doctor's signature)