

CALORIE COUNT FORM

PT NAME: _____

Please record all foods and beverages consumed by patient including the amounts using percentages.

Supplements and snacks should also be documented. Please include any food consumed by the patient from outside the hospital as well.

Day 1	Breakfast	Lunch	Dinner	Snacks
Date: _____				
Day 2	Breakfast	Lunch	Dinner	Snacks
Date: _____				
Day 3	Breakfast	Lunch	Dinner	Snacks
Date: _____				