

Opponent: -G to -49

Short (1-3)      Medium (4-7)      Long (8-10)      Forever (11+)      AND1 (1 Yard)

Backed UP	Play 1	Play 2	Play 3 / Note	Defense
1&10				
1&5				
1&15				
2 short				
2 medium				
2 long				
2 forever				
3 short				
3 medium				
3 long				
3 forever				
4 short				
4 medium				
4 long				
4 forever				
AND1				

CoachXO.com

Coming Out	Play 1	Play 2	Play 3 / Note	Defense
1&10				
1&5				
1&15				
2 short				
2 medium				
2 long				
2 forever				
3 short				
3 medium				
3 long				
3 forever				
4 short				
4 medium				
4 long				
4 forever				
AND1				

CoachXO.com

Attack	Play 1	Play 2	Play 3 / Note	Defense
1&10				
1&5				
1&15				
2 short				
2 medium				
2 long				
2 forever				
3 short				
3 medium				
3 long				
3 forever				
4 short				
4 medium				
4 long				
4 forever				
AND1				

CoachXO.com

First Ten Formations	1)	8)	Notes
	2)	9)	
	3)	10)	
	4)		
	5)		
	6)		
	7)		

Opponent: \_\_\_\_\_

50 to G

Score	Play 1	Play 2	Play 3 / Note	Defense
1&10				
1&5				
1&15				
2 short				
2 medium				
2 long				
2 forever				
3 short				
3 medium				
3 long				
3 forever				
4 short				
4 medium				
4 long				
4 forever				
AND1				

CoachXO.com

Red Zone	Play 1	Play 2	Play 3 / Note	Defense
1&10				
1&5				
1&15				
2 short				
2 medium				
2 long				
2 forever				
3 short				
3 medium				
3 long				
3 forever				
4 short				
4 medium				
4 long				
4 forever				
AND1				

CoachXO.com

Goalline	Play 1	Play 2	Play 3 / Note	Defense
1&10				
1&5				
1&15				
2 short				
2 medium				
2 long				
2 forever				
3 short				
3 medium				
3 long				
3 forever				
4 short				
4 medium				
4 long				
4 forever				
AND1				

CoachXO.com

Notes	Overtime 1	Overtime 2	2 Point Plays