RN

Comprehensive Nursing Assessment

	To be perf	ormed by a Registered Nurse	
Individual		Date of Birth	Today's Date
I. Review			
Review of Health Care Team			
	Health Care Practition	ners Date Last Seen	Comments
Primary Care			
Psychiatrist			
Neurologist			
Dentist			
Optometrist			
Natural Suppo	rte	Relationship	Telephone No.
Client Responsible Adult (CRA)	110	relationship	Telephone No.
Guardian			
Haaldh Hiladama			
Axis I:			
Axis II:			
A. de III.			
Axis III:			
Axis IV:			
History of Major Medical/Surgical O	ccurrences:		

Individual		Date								
Review of Current Medications Include OTCs, vitamins and herbs										
Allergies:										
Medication	Dose	Freq.	Route	Purpose/Rationale	Side Effects/Labs					

Individual		Dat	е		<u>-</u>
II. Current Status					
Current medical and p Briefly describe recent		status, hospitali	zations, falls, seizure	e activity, re	straints, etc., within the past year.
What is of primary cond (CRA) from their own p	cern/greatest expressed needs of erspective?	f the individual,	legally authorized re	epresentativ	e (LAR) or client's responsible adult
	•				
Vital Signs					
Blood pressure	Pulse	11	Respirations	D.	
Temperature	Rate Rh Pain level	ythm Blood sugar	Rate Weight	KII	ythm Height
Comments					<u> </u>

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Individual	Date					
Labs						
Briefly review ordered labs, dates and abno	ormal values within the past year.					
Fall Risk Assessment						
Has a fall risk assessment been completed	?					
No Yes (attached). Fall risk due to:						
Neurological						
Musculoskeletal						
Unknown						
Comments						
III. Review of Systems						
Neurological						
Abnormal Involuntary Movement Scale (AIMS) Assessment: Attache	ed 🗌	Deferred			
Y N		Υ	N		Υ	N
Headaches	Pupils equal and reactive to light and accommodation			Tremors		
Dizziness	Tremors			Heat/cold reflex		
Impaired balance/	Numbness/tingling/					
coordination	Paresthesia			Extrapyramidal symptoms	Ш	
Medication side effects	Paralysis					
Y N		Υ	N		Υ	N
Seizures	Petit Mal			Clonic (repetitive jerking)		
Frequency	Absence			Tonic (muscle rigidity)		
Duration	Myoclonic (sporadic jerking)			Atonic (loss of muscle tone)		
Comments						

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Individual	Date					
Eye, Ear, Nose and Throat						
Eyes/Vision						
Clear Red Right impaire	d Left impaired Adaptive	aid				
Ears/Hearing	🗆					
Normal Ringing Right im	paired Left impaired A	daptiv	e aid			
Within normal limits Smell: intac	et not intact Nose bleeds		Freque	ent sinus congestion		
Frequent sinus infection	it Int intact I wose bleeds		Troque	on sinus congestion		
Oral						
Within normal limits Difficulty ch	ewing Mouth pain Halito	sis	Der	ntures Edentulous		
	Dry mouth from medications					
Throat						
		fficulty	swallo	wing Tonsil enlargement		
	ate: Results:					
Comments						
Cardiovascular Y N		Υ	N		Υ	N
		•		Capillary refill less than or	•	14
Edema	Cool/Numb extremities			equal to two seconds		
Chest pain	Activities of daily living (ADL) limitations	П		Compression stockings		
High/Low blood pressure				Compression descrings		
Normal range						
Comments						

Individual	Date	
Respiratory		
Breathing: Slow Normal Y N Short of breath	Rapid Shallow Painful Y N Feeding tube	Tracheostomy
Gastrointestinal Gastrostomy Jejunostomy N Bowel sounds	No tube Last bowel movement	Bowel habits (frequency and description)
Y N Continent	Reflux	History of risk constipation

RN____

Individual	Date	
Musculoskeletal		
Pain	Prosthesis	Impaired range of motion
Genitourinary	_	
Stress	Y N Flank pain	Sexually active
Integumentary		
Skin Assessment: Attached Skin: Normal Moist Di Y N Open wound	·	Cold Dusky Flushed Y N Blemished

Individual				Date			
Endocrine							
	Υ	N		Y	N		
Thyroid dysfunction			Diabetes			If yes, type	
Atypical antiphychotics or			Management:	Diet Oral	medications Ins	ulin	
other medications affecting blood sugar				Other injectable	medication to manag	ge diabetes	
			Desired blood s	sugar range:			
Pre-Diabetic hypoglycemic/ hyperglycemic episodes		П					
Comments							
IV. Additional Health Statu	ıs Info	rmatio	n				
Immunizations: Date last i	receive	∍d					
DPT T	OPV		HIB	MMR	TD	TDS	Flu Shot
Comments							
Nutritional Assessment							
How receive nutrition:			Orally			☐ Via jejunos	tomy tube
		Ī	Via gastrotomy tι	ube if residual		Other	,
The second Control				1		=	
Therapeutic diet				Liquid cons	sistency		
Food texture				Reason/da	te/ordered by:		
			Y N	N		_	
Recent weight change					lbs gair	loss over	
Recent changes in appetite							
Satisfied with current weigh				Desired we	-		
Food use as a coping mech				_l Number of	meals/snacks per day	<i></i>	
Assistive devices with eating	-			_			
Use of medications that can swallowing (e.g., Abilify, oth							
Knowledge of 4 basic food	groups.						
Access to healthy/appropria	ite diet.						
Dietary deficiencies							
Adequate fluid intake							
Nutritional supplements							
Interactions with medication	s and f	food					
Comments							

RN___

RN____

Individual	Date
Sleep Patterns	
Average number of hours per night; difficulty falling asleep; number	of times awake at night; number of naps during a day
Activity Level/Exercise	
Substance Use/Abuse	The control of the first of the control of the cont
Caffeine, tobacco, alcohol, recreational drugs, history of non-compl	ance with prescribed medications
Home Life	
Satisfaction/Desires	
Work/School/Day Activity	
Satisfaction/Desires	
Social Life	
Satisfaction/Desires	
Spiritual Life	
Satisfaction/Desires	
Coping Skills	

Individual				Date						
Mental Status										
Appearance										
Posture: Normal R	igid	Sloue	ched Other:							
Grooming and Dress: A	pprop	oriate] Inappropriate	isheveled		Neat				
Facial Expression: Calm	· [Alert	Stressed Per	plexed	Пт	ense 🗌	Dazed Other:			
Eye contact: Eyes not op	en	Good	contact Avoids of	contact	□s	tares				
Speech Quality: Clear		Slow	Slurred Loud	Rapid		Incohere	nt Mute			
Mood										
Cooperative		Uncod	pperative	☐ De	press	sed	Euphoric			
Excited		Agitat	ed	An	xious	;	Suspicious			
☐ Irritable		Scare	d	□но	stile		☐ Angry			
Other/Describe										
Cognition										
	Y	N			Υ	N		Υ	N	
Cognitive impairment			Oriented				Attention span			
Mild			Person				Easily distracted			
Moderate			Place							
Severe			Time							
Profound										
Memory										
Remote										
Recent										
Immediate recall										
Emotions										
	Υ	N			Υ	N		Υ	N	
Euphoric			Depressed				Hostile feelings			
Нарру			Anxious				Emotional lability			
Apathetic			Irritable				Inappropriate affect			
Sadness										

RN_____

Individual						Date			_		
Thoughts											
	Υ	N		Y	N		Υ	N		Y	N
Delusions			Hallucinations			Thought process			Thought content		
If yes:			If yes:			If yes:			If yes:		
Grandeur			Visual			Coherent organized			Phobias		
Persecutory	П		Auditory		П	Logical	П	П	Hypochondria	П	
Somatic			Tactile	$\overline{\Box}$					Antisocial urges		
Other	Ш	Ш	Olfactory	Ш	Ш				Obsessions		
									Suicidal ideations		
									Homicidal ideations	Ш	
Comments											
Challenging Behav	viors										
Are medications us	ed to c	contro	I any behaviors?	Υ 🗌	N	Currently has a formal Be	havio	r Plan	?		
Use the following so	cales b	elow	for frequency and sev	verity:							
For frequency:	1 = le	ss tha	an once per month; 2	= 1 to 3	3 x mc	onth; 3 = 1 to 6 x week; 4 =	1 to 10	x da	y; and 5 = 1 or more x hou	ır.	
-			moderate; 3 = severe								
l or corollay.		., _		equen			st Exhi	bited			
Hurtful to self				oquom	- ,	COVOINY Edit	, E, III	Ditou			
Hurtful to others								_			
Destructive to prope	erty							_			
Pica								_			
Resists care								_			
Socially offensive/D	-							_			
Sexually inappropri		havio						_			
At risk behavior, su	ch as:										
Wandering								_			
Elopement	:							_			
Sexually aggre			ior					_			
History of suicide at Other serious beha								_			
Comments	VIOI							_			
Comments											

Individual			Date					
Communication								
Primary language:								
Mark ways the individual comn	nonly	commun	icates.					
	Υ	N		Υ	N		Υ	N
Verbal			Facial expressions			Touch		
Limited verbal			Eye movement			Body language		
Gestures			Paralinguistics (sounds)			Acting out		
Sign language	П		Augmented communication device			Head banging	П	
			If yes, device type:			Other behaviors (describe)		
			<u>-</u>					
Mark ways that pain is commun	nicate	ed.						
	Υ	N		Υ	N		Υ	N
Verbal			Facial expressions			Touch		
Limited verbal			Eye movement			Body language		
Gestures			Paralinguistics (sounds)			Acting out		
Sign language			Augmented communication device			Head banging		
			If yes, device type:			Other behaviors (describe below)	П	
			ii yes, device type			below)		
Able to use pain scale	Ш							
If able to use pain scale, list type/name of pain scale:								
Comments								

RN		

Individual		Date									
V. Implementation Assessment											
Health care and Decision Making Capacity											
The preceding review of functional capabilities, physical and make health care decisions.	cognitive	status, and	limitati	ons ind	icate th	nis indiv	/idual's	highes	st level	of abilit	ty to
Probably can make higher level decisions (such as whete the nature, probable consequences, burdens and risks of				life sust	taining	treatme	ents tha	at requi	re und	erstand	ding
Probably can make limited decisions that require simple	understar	nding, able	to direc	t own h	nealth o	care, ind	cluding	delega	ited tas	sks.	
Probably can express agreement with decisions propose	ed by som	eone else.									
Cannot effectively participate in any kind of health care of	decision m	naking.									
Support Systems: Discuss the adequacy, reliability, avail	lability, a	bility to co	mmun	icate et	ffective	ely.					
	Ade	equate		Reliable	•	A	Availabl	e		Effective nmunic	
	Υ	N	Υ		N	Υ		N	Y		N
CRA											
Host Home or Companion Care (HH/CC) Provider											
Guardian/Other											
Stability and Predictability and Need to Reassess											
Health Topic	non-flu	-term need uctuating sistent?	Sta	atus cha need		essible, nursing		y to		uency o	
	Υ	N		Υ			N				
Knowledge: Describe key health understandings/demonst	strations.	•				•					
Health Topic			lı	ndividua	al		CRA			нн/сс	
Tiediti Topic			Υ	N	N/A	Y	N	N/A	Y	N	N/A
	Knowle	edgeable									
		nstrates hnique									
	Knowle	edgeable									
		nstrates hnique									

Individual Date _____

	Ir	Individual		CRA			нн/сс		
		N	N/A	Υ	N	N/A	Υ	N	N/A
Knowledgeable									
Demonstrates Technique									
Knowledgeable									
Demonstrates Technique									
Knowledgeable									
Demonstrates Technique									
Knowledgeable									
Demonstrates Technique									
Knowledgeable									
Demonstrates Technique									
Knowledgeable									
Demonstrates Technique									
	Demonstrates Technique Knowledgeable Demonstrates Technique Demonstrates Technique	Knowledgeable Demonstrates Technique Knowledgeable Demonstrates Technique	Knowledgeable	Y N N/A Knowledgeable	Y N N/A Y Knowledgeable	Y N N/A Y N Knowledgeable	Y N N/A Y N N/A Knowledgeable	Y N N/A Y N N/A Y Knowledgeable	Y N N/A Y N N/A Y N Knowledgeable

RN			

RN_____

Individua	I	Date	
Participa	nts in Comprehensive Assessment (Must complete	section A, B or C; and RN section)	
Option A	: In this situation, the individual does not have a gu	uardian/LAR and is able to make decisions regarding	g health care.
To be co	mpleted by the Individual:		
	e participated in decisions about the overall managemer ect own health care, and	nt of my health care [§225.1(2)], can make all of my own	n decisions, am able
	will not be directing health maintenance activities ((HMAs) [§225.8(2)(D)(i)],	
	agree to train unlicensed personnel in the performa	ance of HMAs.	
	Printed Name	Signature	Date
Option B	: In this situation, the individual cannot make decisi	ions regarding health care or has asked for assistan	ice.
	mpleted by the CRA:		
	e participated in decisions about the overall managemen	nt of health care. [\$225.1(2)]	
		ng care. No HMAs will be performed by unlicensed perso	nnel
	or	g care. No rimas will be performed by unificensed perso	miner.
		performance of tasks identified as HMAs, be present when	han tha taak ia
		e unlicensed person perform the task and will be immedi	
	Printed Name	Signature	Date
		ions regarding health care and does not have a sing overall management of the individual's health care.	
Provi	der Advocate Committee (PAC) will act as CRA (for	m attached).	
Registere	ed Nurse (RN)		
allowing of		d tasks. Each unlicensed personnel's competency will be supervision. An RN will be immediately accessible by ph	
	Printed Name	Signature	Date

RN____

Individual	Date
Safe Administrat	ion of Medications
take his/her own r	review of functional capabilities, physical and cognitive status, limitations and natural supports rate this individual's ability to nedications in a safe and appropriate manner according to the five Rights of Medication Administration (correct person, why], dose, time, route). RN Delegation Worksheet Attached N/A
medication. the individual at the prescri medication to	stration of Medication. Individual knows how to safely take each medication (what, why) dose, route, time of each The individual is competent to safely self-administer medications independently or independently with ancillary aid provided to in the individual's self-administered medication treatment or regimen, such as reminding an individual to take a medication bed time, opening and closing a medication container, pouring a predetermined quantity of liquid to be ingested, returning a the proper storing area, and assisting in reordering medications from a pharmacy. [§225.1(3)]
Administratio it with the me	on of medication to an individual by a paid unlicensed person(s) to ensure that medications are received safely. In of medications includes removal of an individual/unit dose from a previously dispensed, properly labeled container; verifying dication order; giving the correct medication and the correct dose to the proper individual at the proper time by the proper curately recording the time and dose given. [TX BON §225.4(2)]. Check all that apply:
	CRA can safely direct as an HMA.
1	No RN delegation is necessary. The individual has a single identified CRA whose knowledge, abilities and availability qualifies the administration of oral medications (by mouth or through a permanently placed feeding tube) as an HMA exempt from delegation and is appropriate per RN judgment. Medications may be administered for stable and predictable conditions (not initial doses and/or for acute conditions) without RN supervision provided that the CRA is willing, able and agrees in writing to train the unlicensed person(s) in performing the task at least once to assure competence and will be immediately accessible in person or by telecommunications to the unlicensed person(s) when the task is performed. [§225.4(8), §225.8]
	RN delegation necessary to ensure safe medication administration.
	RN can safely authorize unlicensed personnel to administer medications for stable and predictable conditions as defined in §225.4(11) not requiring nursing judgment. Competency of each unlicensed personnel, including the ability to recognize and inform the RN of client changes related to the task must be verified by RN. The six rights of delegation (the right task, the right person to whom the delegation is made, the right circumstances, the right direction and communication by the RN, the right supervision, and the right documentation) and all criteria at §225.9 must be met. CRA lacks knowledge, abilities and/or availability per §225.8 to direct as an HMA. Individual (if competent), CRA (if one exists) or Provider Advocate Committee (PAC) must approve the decision of the RN to delegate tasks in writing. See delegation criteria at §225.9, §225.10
1	Routes that may be delegated
	The RN has determined that delegation is not required because the parent/LAR/foster care provider can assume responsibility and accountability for the individual's health care. The RN has considered the length of time the individual has been living in the home, the relationship of the individual and foster care provider, the supports available to the foster care provider, and has determined that the foster care provider can safely assume this responsibility. The RN will serve as a resource, consultant or educator, and will intervene when necessary to ensure safe and effective care. [§225.6(a)(3)] Documentation of subsequent interventions, including when additional follow-up is needed, will be a part of the RN's nursing care plan.
	The RN has determined that delegation is not required for oral, topical and metered dose inhalers. The RN has determined that the medications not being delegated to paid unlicensed personnel are for a stable or predictable condition. The RN or LVN, under the direction of an RN, has trained and determined the paid unlicensed personnel competency. [Human Resources Code, Chapter 161, Subchapter D]
	Must be administered by a licensed nurse. Medications that may not be delegated are:

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Individual	Date
Nurse Supervision	
For each unlicensed personnel, determine in consultation with the insupervisory visits, taking into account: the stability of the individual's to whom the nursing task is delegated; the nature of the nursing task person when the task will be performed and the level of participation	status; the training, experience and capability of the unlicensed personnel being delegated; the proximity and availability of the RN to the unlicensed
Name of Unlicensed Personnel:	
List all who were consulted in determining the level of nurse supervise	sion for the above named unlicensed personnel:
☐ Individual	
Client Responsible Adult (CRA)	
Legally Authorized Representative (LAR)	
Provider Advocate Committee (PAC)	
☐ Other:	
DN fellow up to requite a constant of the above a grand unlineared	d normal of the fall aving data gated tools(s).
RN follow-up to monitor competency of the above named unlicensed	personnel of the following delegated task(s):
E	
Frequency of required RN monitoring:	
once additionally within the first	, then
☐ monthly	
☐ quarterly	
once additionally within the year	
☐ annually	
☐ other	
Frequency of additional RN or LVN monitoring:	
☐ not applicable; no additional monitoring is needed	
once additionally within the first	, then
monthly	, tricii
•	
☐ quarterly	
once additionally within the year	
Notes	

RN_____

Individual			Date				
VI. Summary							
Summary/Clinical Imp	pressions						
Strengths as related to							
0							
Consultations recomm	ended						
Summary							
Nursing Service Plan							
Concerns/Nursing Diag	gnoses						
Intervention/Strategies							
Implementation Strat			Start Date	Target Completion	Calculation (if applic		Total Units (per strategy)
Total Nursing Units Ne	eded						
Total Hallong Chillo He	RN	RN Spe	ecialized	LVN		LVN Spec	cialized
Desired Outcomes/Co	ala						
Desired Outcomes/Go	dis						
Print	Name and Credentials			Signature			Date

RN ___

Individual	Date	

Review of Comprehensive Nursing Assessment by RN:

Note: The nursing assessment must be reviewed at least annually to verify information remains current and decisions remain appropriate.

Date of Review:
Purpose (must check one): review of a temporary or permanent change in the individual's physical health, support system, mental status, social functioning, ability to perform activities of daily living or health maintenance activities, or medication or treatment regimen; review assessments, documentation and decisions made by a previous RN; or annual review of assessments, documentation and decisions to verify information remains current and decisions remain appropriate.
Description of Review:
Action Taken by RN:
Change(s) in Nursing Service Plan:
No change required
Nursing service plan revisions:
Signature – RN Date
Date of Review:
Purpose (must check one):
review of a temporary or permanent change in the individual's physical health, support system, mental status, social functioning, ability to perform activities of daily living or health maintenance activities, or medication or treatment regimen;
review assessments, documentation and decisions made by a previous RN; or
annual review of assessments, documentation and decisions to verify information remains current and decisions remain appropriate.
Description of Review:
Action Taken by RN:
Change(s) in Nursing Service Plan:
☐ No change required
Nursing service plan revisions:
Signature – RN Date