

Important information for those planning to look for work while drawing Swedish unemployment benefit in another EU/EEA country or in Switzerland. Please read this information carefully before submitting your application. **You are recommended to print out and save the information leaflet.**

Jobseeking in another EU/EEA country or Switzerland with Swedish unemployment benefit

If you are looking for work and are wholly unemployed, you are entitled to look for work for up to three months in another EU/EEA country or Switzerland while continuing to draw Swedish unemployment benefit. To do this, you must apply for form U2 or form E 303.

At the end of the information leaflet there is a list of the countries that make up the EU and the EEA.

Jobseekers with form U2

In certain circumstances you may be issued with form U2 if you are an EU citizen and intend to look for work in another EU member state.

Your opportunity of obtaining form U2 in order to look for work in certain countries may be limited on account of your citizenship.

Jobseekers with form E 303

In certain circumstances you may be issued with form E 303 if you are:

- an EEA citizen or a citizen of Switzerland and intend to look for work in another EU member state.
- an EU/EEA citizen and intend to look for work in an EEA country.
- an EU citizen or Swiss citizen and intend to look for work in Switzerland.
- a Nordic citizen and intend to look for work in the Faroes.

Special additional information about citizenship

There may be certain restrictions primarily for citizens of those countries that became members of the EU in 2004 and 2007. The [EURES](#) website contains more information about transitional rules. You can also contact the Swedish Public Employment Service for more information.

More information about the possibility of seeking employment in another country while drawing Swedish unemployment benefit if you are a citizen of a country outside the EU/EEA or Switzerland, stateless according to the New York Convention or a refugee according to the Geneva Convention can be obtained from the Swedish Unemployment Insurance Board (IAF).

In order to obtain form U2 or form E 303, you must satisfy the following conditions:

- You intend to seek employment in another country in the EU/EEA or in Switzerland.
- Prior to your departure, you must have been wholly unemployed and registered as a jobseeker with the Swedish Public Employment Service for at least four weeks after you became unemployed. The IAF may waive part of this period under certain conditions, e.g. if you are accompanying your spouse, cohabitee or registered partner who will be working in another member state. These details must be confirmed.
- You are entitled to unemployment benefit. If your unemployment insurance fund has not approved your entitlement to unemployment benefit, the IAF cannot process your application for form U2 or form E 303. If you are barred from entitlement to unemployment benefit at the time of your departure, you cannot be issued with form U2 or form E 303.
- You have applied for form U2 or form E 303 prior to your departure.
- If you have previously had form U2 or form E 303, you must have worked since then in order to obtain a new form.
- You must be a citizen of an EU/EEA country or of Switzerland, stateless according to the New York Convention, a refugee according to the Geneva Convention or a citizen of a country outside the EU/EEA area or Switzerland.

Additional conditions for citizens of countries outside the EU/EEA area and Switzerland

If you are a citizen of a country outside the EU/EEA and Switzerland, the same rules apply as for citizens of countries in the EU/EEA, provided that you are legally resident in the territory of Sweden and are not in a situation which is confined in all respects to Sweden. A condition for this is that you are entitled to work and register with the employment services in the country in which you intend to look for work.

How to apply for form U2 or form E 303

1. Complete part A of the application that can be found at www.iaf.se.
2. Send the application to your unemployment insurance fund no earlier than three weeks before the date of your departure. Use the address in the list of addresses on page 4.

The unemployment insurance fund will complete part B of the application and return it to you.

3. Once you have received the application back from your unemployment insurance fund, you should visit the Public Employment Service.

The Public Employment Service will complete part C.

4. Check that the application is complete and sign it in part D.
5. Then send the application to the IAF. It is your responsibility to ensure that the application reaches the IAF on time and that it is complete. If the application is not complete, there may be a delay in processing it. The application should reach the IAF no later than five working days prior to the date of departure.

Change of departure date

If you wish to change the date of departure after submitting your application, you must contact the IAF in good time prior to your departure.

What happens then?

Decision

The decision of the IAF, that is form U2 or form E 303 or a decision to reject the application, is sent to your address in Sweden. However, if the IAF judges that there is not enough time for you to receive the decision prior to your departure, IAF can send it to your address outside Sweden. Please take care, therefore, to state clearly complete addresses in the application.

Application in the country where you intend to look for work

Register immediately as a jobseeker with the public employment services. This applies even if you have not had time to receive the decision of the IAF. Note that you must register within seven days, starting from the date of departure. If you register with the employment services abroad after seven days, you can only receive unemployment benefit from the date of registration.

Different payment procedures when you look for work abroad

If you have been issued with form U2, the Swedish unemployment insurance fund is responsible for paying your Swedish unemployment benefit.

If you have been granted form E 303, the foreign institution is responsible for paying your Swedish unemployment benefit.

If you wish to withdraw your application or U2/E 303 form

If you wish to withdraw your application for form U2 or form E 303, you must inform the IAF in writing. If the IAF has issued a form on your behalf, it is important that you return it to the IAF. Once you have done this, the IAF will inform your unemployment insurance fund that you have withdrawn your application.

More information

More information about job seeking abroad can be obtained from the [Public Employment Service](#).

If you have any questions about your unemployment benefit, you should contact your unemployment insurance fund.

Questions about form U2 or form E 303 will be answered by the IAF.

The EU

The following 27 countries are members of the EU:
Austria, Belgium, Bulgaria, Cyprus, the Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Ireland, Italy, Latvia, Lithuania, Luxemburg, Malta, the Netherlands, Poland, Portugal, Rumania, Slovakia, Slovenia, Spain, Sweden and the UK.

EEA

The following three countries are part of the EEA:
Iceland, Liechtenstein and Norway.

Switzerland

A separate agreement exists between the EU and Switzerland which enables EU citizens, stateless persons under the New York Convention or refugees under the Geneva Convention to travel to Switzerland with form E 303.