



**Universal**  
360°

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## PLANET FITNESS APPLICATION FORM 2013

### Access Planet Fitness through Universal 360°

Being fit means being healthy, strong and toned. Increased health awareness has shown us that a consistent fitness regime is key to balance and wellness, and if that is what you're aiming for then Planet Fitness is part of the plan. Plus, if you are a Universal 360° member it's easier AND cheaper. What more is there to say?

### Do I qualify?

Yes, yes and yes again! Everyone has the right to get fit.

### What does it cost?

Well first of all, as a Universal 360° member your activation fee will be waived. Thereafter there is a once-off tag fee of R100 and a monthly debit order at a discounted rate in accordance with the option you choose. You can check the price structure on the following pages.

### Where do I sign up?

Please see the instructions and application form below.





# Universal 360°



## PLANET FITNESS CLUBS AND RATES FOR 360° ALPHA MEMBERS

### ONE YEAR MEMBERSHIP

Planet Fitness joining fees	Normal Planet Fitness joining fees	Joining fee waived for Universal 360° members paying by debit order
Joining fee	R 300	R 0
Planet Fitness Clubs	Normal Planet Fitness rates	Due from member after 20% discount on monthly debit order
Fourways (Lonehill) Craighall Centurion Gate (Centurion Mega Club) CT City Witbank Platteklouf Rivonia Wanderers Rosebank Lynnwood	R 445	R 356
Bedfordview	R 485	R 388
Benoni Roodepoort PE Hennops (Centurion) Moreleta Parklands (Tableview) Durbanville Cobble Walk Claremont Montana Soneike	R 355	R 284

Planet Fitness National Access	Normal Planet Fitness rates	Due from member after 15% discount on monthly debit order
Joining fee	R 600	R 0
National access	R 565	R 480

Planet Fitness Student and Pensioner rates	Normal Planet Fitness rates	Due from member after discount on monthly debit order
Joining fee	R 300	R 0
Local access	R 295	R 268
In certain instances the discounted Universal 360° Alpha club-specific rate may be lower than the student/pensioner rate. Students and pensioners will always be entitled to whichever rate is the lowest.		
National access	R 355	R 323

Planet Fitness Platinum	Normal Planet Fitness Platinum rates	Due from member after discount on monthly debit order
Joining fee	R 2 000	R 0
Planet Platinum Sandton	R 1 295	R 1 178



**Universal**  
360°



## PLANET FITNESS CLUBS AND RATES FOR 360° BETA MEMBERS

### ONE YEAR MEMBERSHIP

Planet Fitness joining fees	Normal Planet Fitness joining fees	Joining fee waived for Universal 360° members paying by debit order
Joining fee	R 300	R 0
Planet Fitness Clubs	Normal Planet Fitness rates	Due from member after 10% discount on monthly debit order
Fourways (Lonehill) Craighall Centurion Gate (Centurion Mega Club) CT City Witbank Platteklouf Rivonia Wanderers Rosebank Lynnwood	R 445	R 401
Bedfordview	R 485	R 437
Benoni Roodepoort PE Hennops (Centurion) Moreleta Parklands (Tableview) Durbanville Cobble Walk Claremont Montana Soneike	R 355	R 320

Planet Fitness National Access	Normal Planet Fitness rates	Due from member after 10% discount on monthly debit order
Joining fee	R 600	R 0
National access	R 565	R 509

Planet Fitness Student and Pensioner rates	Normal Planet Fitness rates	Due from member after discount on monthly debit order
Joining fee	R 300	R 0
Local access	R 295	R 268
In certain instances the discounted Universal 360° Beta club-specific rate may be lower than the student/pensioner rate. Students and pensioners will always be entitled to whichever rate is the lowest.		
National access	R 355	R 323

## HOW TO ACTIVATE YOUR PLANET FITNESS MEMBERSHIP THROUGH UNIVERSAL 360°

### Universal 360° Alpha members

#### **Step 1: Activate your Universal 360° Alpha benefit**

- Activate your 360° Alpha membership by calling 086 155 LIVE (5483) and completing the application form. You can also access the 360° Alpha application form at [www.universal360@universal.co.za](http://www.universal360@universal.co.za).
- You have one month from the time you become a Planet Fitness member to activate your 360° Alpha membership for access to the discounted rates.
- If you don't sign up during this month you will be billed the standard Planet Fitness rate for the duration of your contract.

#### **Step 2: Go to Planet Fitness and sign the form**

- Read, complete and sign the application form.
- Provide the consultant with your Universal 360° Alpha membership number and identity document.

#### **Step 3: Pay the tag fee and first month's gym fees to the Club**

- Pay the R100 tag fee at the Planet Fitness facility either by cash or credit card.
- Pay the first month's membership fee to the Club either by cash or credit card.
- Hand in your signed application form and debit order form to a consultant at your selected Planet Fitness club.

#### **Step 4: Get your body moving**

- You will be given a Planet Fitness access tag and have immediate access to the Planet Fitness facility.
- A fitness consultant from Planet Fitness will contact you to help you get started with your exercise programme.

### Universal 360° Beta members

#### **Step 1:**

- **Note:** This basic Universal 360° option is available to all principal members of medical aid schemes administered by Universal Healthcare Administrators, employees of employer groups contracted with Universal WorkerPlan as well as VIP stakeholders such as Universal Network healthcare service providers and brokers contracted with the Universal Group and its clients. As a VIP stakeholder you need to activate your 360° Beta membership by completing the activation form. You can access the 360° Beta activation form at [www.universal360@universal.co.za](http://www.universal360@universal.co.za) or call 086 155 LIVE (5483).
- You have one month from the time you become a Planet Fitness member to activate your 360° Beta membership for access to the discounted rates.
- If you don't sign up during this month you will be billed the standard Planet Fitness rate for the duration of your contract.

#### **Step 2: Go to Planet Fitness and sign the form**

- Read, complete and sign the application form.
- Provide the consultant with your Universal 360° Beta membership number and identity document.

#### **Step 3: Pay the tag fee and first month's gym fees to the Club**

- Pay the R100 tag fee at the Planet Fitness facility either by cash or credit card.
- Pay the first month's membership fee to the Club either by cash or credit card.
- Hand in your signed application form and debit order form to a consultant at your selected Planet Fitness club.

#### **Step 4: Get your body moving**

- You will be given a Planet Fitness access tag and have immediate access to the Planet Fitness facility.
- A fitness consultant from Planet Fitness will contact you to help you get started with your exercise programme.

### **Please note**

You will have access for as long as you remain a valid member of Universal 360° and as long as Planet Fitness remains a Universal 360° partner. You cannot transfer your rights herein. Under no circumstances are any fees refundable. This benefit is subject to the rules of Universal 360°.

# MEMBERSHIP DETAILS

I hereby wish to have access to Planet Fitness through Universal 360°

Universal 360° membership no.:

Starting date: 

D		D		M		M		Y		Y		Y		Y
---	--	---	--	---	--	---	--	---	--	---	--	---	--	---

 Monthly amount: R

Home club:  Contract no.:

Package type:

## Personal details

Title:  Initials:  First name(s):

Surname:  ID.:

Date of birth:  Passport no.:

Tel no. (work):  Cell no.:

E-mail address:  Physical address:

Postal address:

## General

Who is this for? 

Me	Partner & I	Family & I
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## Membership history

Previous club member? 

YES	NO
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Reason for leaving? 

Club Facilities	Cost	Location	Usage	Other
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Initial goal achieved? 

YES	NO
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If no, Why?

## Usage

Visits per week? 

1-2 visits	3-5 visits	5+ visits
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Prefer to train with? 

Alone	With a friend	With a PT	Class
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Preferred training time?

Service of interest? 

Swimming pool	Gym	Personal Training	Fitness classes	Group PT	Running	Spinning	Squash
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## Lifestyle

Smoker? 

YES	NO
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Drinker? 

YES	NO
-----	----

Drinks per week? 

0	1-5	6-10	10+
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Take-aways per week? 

0	1-2	2-5	5+
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Energy level? 

None	Low	Average	Awesome
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Stress level? 

None	Low	Average	Too high
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Family support? 

YES	NO
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**Goal**

Main goal?	Be fit		Build muscle			Burn fat		
Main target area?	Stomach	Thighs	Hips	Buttocks	Arms	Legs	Upper body	
Second goal?	Better health	Sport fitness	Increase stamina	Weight loss	Nutrition/ Dietry advice	Group exercise classes	Weight gain	Improved flexibility
Second target of interest?	Stomach	Thighs	Hips	Buttocks	Arms	Legs	Upper body	

**Bank account details for debit order**

Account holder name:	<input type="text"/>	Bank:	<input type="text"/>
Bank account no.:	<input type="text"/>	Branch name:	<input type="text"/>
Branch code:	<input type="text"/>	Account type:	<input type="text"/>

I hereby authorize Universal 360° to deduct any monthly fees from my bank account that may become due in terms of this benefit. I am aware and accept that these fees may change from time to time. I also accept that the debit order may be adjusted should I fail to meet the minimum visitation criteria once it is implemented.

Should my banking details change at any time, I understand that I am required to inform Universal 360° of the change so the details can be updated on the system. I have familiarized myself with the terms and conditions of this benefit as contained in this form and the terms and conditions of Universal 360°, and will adhere thereto. In the event of a conflict arising between the terms and conditions of Universal 360° and the contents of this form, the terms and conditions of Universal 360° will prevail.

Signature (client): \_\_\_\_\_ Date: 

D	D	M	M	Y	Y	Y	Y
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

I, the undersigned, hereby confirm that the information provided by me and contained in this membership agreement is correct and further confirm that I have read, understood and accepted the terms and conditions of this membership as it appears in this application form. I further warrant that I suffer from no physical or mental ailments that will affect my application for membership.

Member signature: \_\_\_\_\_ Date: 

D	D	M	M	Y	Y	Y	Y
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Signature (assisted by legal guardian): \_\_\_\_\_ Date: 

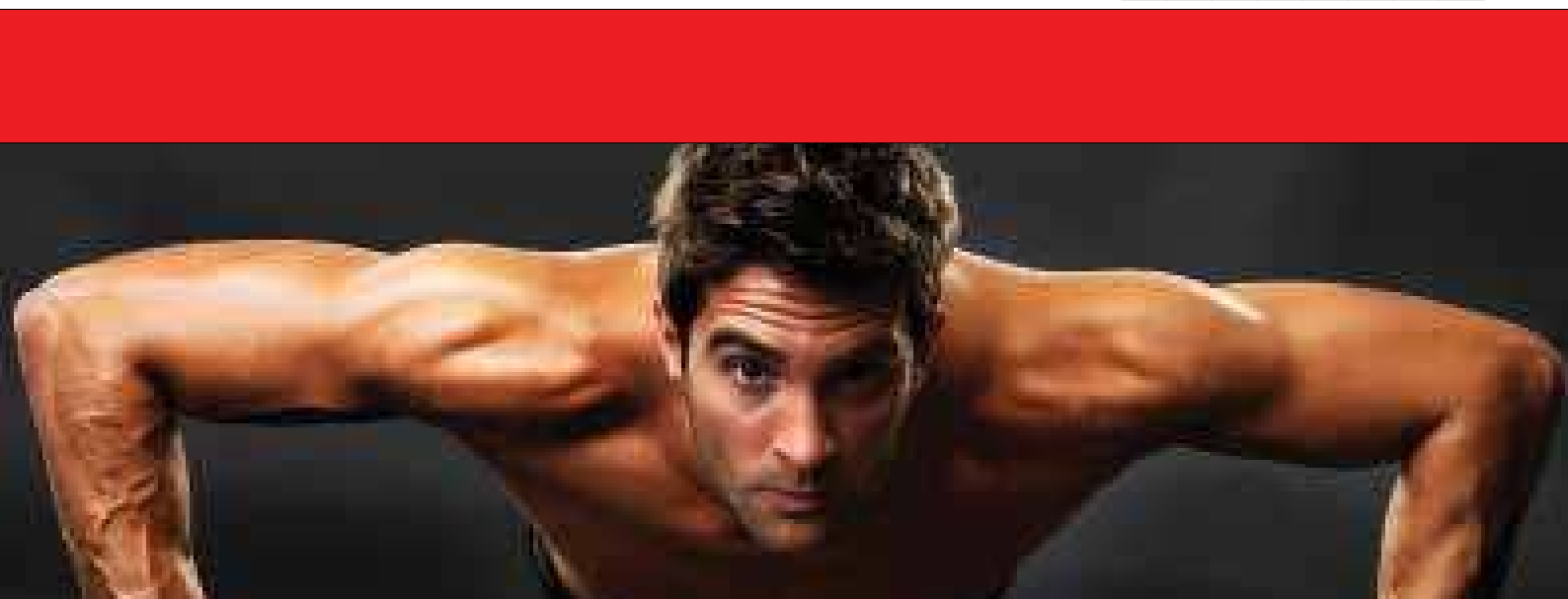
D	D	M	M	Y	Y	Y	Y
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Capacity (mother/father): \_\_\_\_\_ Date: 

D	D	M	M	Y	Y	Y	Y
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Consultant: \_\_\_\_\_ Date: 

D	D	M	M	Y	Y	Y	Y
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>





## TERMS AND CONDITIONS OF PLANET FITNESS ACCESS

- I, the undersigned, do acknowledge and agree that:
- a. I have contracted directly with Planet Fitness to access Planet Fitness and that I am legally bound to settle any amounts due for such access to Planet Fitness.
  - b. This agreement is also subject to the terms and conditions of the agreement entered into between Planet Fitness ("the company") and Universal 360°.
  - c. I have familiarised myself with the rules of Universal 360° and shall adhere thereto.
  - d. I have entered into this agreement by virtue of my participation in the Universal 360° programme, a division of Universal Healthcare Services (Pty) Ltd.
  - e. I will be entitled to use and access the health and leisure facilities of the company subject to:
    - i. Confirmation from Universal 360° of my Universal 360° membership.
  - f. I accept that if I join Planet Fitness and I do not activate through Universal 360° within one month or am no longer a Universal 360° member, Planet fitness will bill according to the standard going Planet Fitness rate for the remainder of the term, after which it will continue on a monthly basis until Planet Fitness receive one month's notice to cancel.
  - g. I further allow Planet Fitness to deduct any monthly fees from my bank account that may become due in terms of this benefit should I fail to activate or discontinue my membership with Universal 360°.
  - h. The initial period of the contract is 12 (twelve) months, where after the contract may be terminated on one month's notice. I further understand that I have a fixed membership rate for this 12 months.
  - i. Planet Fitness will implement an annual increase which will only apply once my 12 (twelve) months contract has expired whether I am utilising the gym under the Universal 360° benefit or through the standard Planet Fitness rate.
  - j. Payment of the prevailing access tag fee:
    - i. Signature of this form
    - ii. Payment of monthly debit order to Universal 360°.
    - iii. My compliance with the rules and regulations of the Planet Fitness benefit and the terms and conditions of this agreement.
  - k. I acknowledge that I am not entitled to suspend my Planet Fitness access, during the initial first 12 (twelve) months of this contract.
  - l. My contract agreement will be transferred to Planet Fitness if I cancel the benefit with Universal 360° or cancel my Universal 360° membership. I am aware that I will be required to honour my contract for the full term with Planet Fitness at the full relevant retail rate of the facility.
  - m. I will ensure that my visits to Planet Fitness are recorded accurately by using my access card. It is my responsibility to ensure that my visit is recorded in the register should the system used for recording points not be operational.
  - n. I am physically and medically fit to proceed with the normal routine of exercise and acknowledge that the company, Universal 360° and any member of the Universal Healthcare Group of companies will not be responsible for any injury or loss suffered by me/or the junior member(s), whether through any negligence and/or omission on the part of the company or for any reason whatsoever. In the event of my signing this agreement as the guardian of a minor, I hereby consent to the minor being bound to the terms and conditions of this agreement and I indemnify Universal 360° and the company for any loss and damages arising from any claim resulting from the minor's use of and access to the facilities.
  - o. I accept that the company may require me to pay for use of additional services and facilities specified from time to time. The company will charge the same general tariffs charged to ordinary members of the public for such additional services and facilities. The terms of this agreement do not pertain to such additional services and/or facilities.
  - p. I accept that access to the company's facilities will be denied until such time as the company has received payment in full of any arrear fees.
  - q. I accept that the company and Universal 360° reserve the right to cancel my access if I breach any of the terms and conditions of this agreement or any rules and regulations applicable at the company facilities.
  - r. In the event of one or more of these terms, conditions, rules and/or regulations being unenforceable, the same will be deemed to be severable from the remainder of this agreement.
  - s. I confirm that the information contained herein is true and correct. I understand that I cannot
- cede or assign any of the rights or obligations in this agreement to any third party.
- t. Universal 360° and the company reserve the right to cancel this agreement if the information supplied is incorrect.
  - u. I accept that Universal 360° will be entitled to amend the terms and conditions hereof at any time on the proviso that the amendments are communicated to me in writing and are furnished to me timeously.
  - v. The company may transmit details of my usage records of the facilities to Universal 360°.
- I authorize both Universal 360° and the company to disclose to one another personal information pertaining to my Universal 360° membership and my access to the facilities from time to time on the proviso that such information is kept confidential.
- I have read this entire agreement inclusive of the rules and regulations applicable at the company facilities, a copy thereof was provided to me and agree to be bound thereby.
- 
- Signature (client)
- 
- Signature of legal guardian  
(if the member is under 18 years of age)

## RULES AND REGULATIONS

The rules and regulations will be displayed where applicable and are available upon request. The client undertakes to abide by all the rules and regulations as set out by management and confirms that they understand them fully.

### Access cards

Access cards are for the exclusive use of the client. No client will gain access to the facility without a card. Loaning of access cards to other members and non-members is prohibited. Should a non-client present a client's card, Planet Fitness will confiscate the card and the member's membership shall be summarily terminated at the sole and absolute discretion of Planet Fitness. Lost or stolen cards may be replaced at a fee stipulated by management. If a membership card is left at home, access will be permitted upon the member displaying an identity document or driver's license.

### Access fees

The member will not be released from their obligation regarding any payment of the membership fees as agreed to herein. The member is not entitled to any deduction or allowance for any payment made, by reason of the member's absence or withdrawal from the club, nor by the member's failure to attend or to use the facility. Membership fees are strictly non-refundable.

### Ancillary charges

Further charges may be levied for private training sessions, diet plans, assessments and similar additional services.

### Reciprocal facility

Planet Fitness does not guarantee nor take responsibility for the availability or usage of any reciprocal facility not owned by Planet Fitness. The member indemnifies Planet Fitness against inconvenience suffered as a result of the above unavailability, whether temporary or permanent and undertakes not to institute any claim and/or action against Planet Fitness in relation to the above. Reciprocal facilities cannot be used on a full-time basis and certain facilities may charge an additional fee at their discretion.

### Closure of facility and/or alteration of hours

Should the facility deem it necessary, in the sole and absolute discretion of the facility, to perform maintenance work on the premises, the facility can close for the period required for completion of the necessary maintenance.

If, in the sole and absolute discretion of the facility and due to unforeseen circumstances, a facility has to be closed on a permanent basis, Planet Fitness reserves the right to provide an alternative facility, within a 25km radius.

The business hours will be displayed at the premises and the facility reserves the right to alter the business hours from time to time, as it deems fit. The classes may be discontinued or the time altered at the sole discretion of the facility. Equipment and classes shall be provided subject to demand.

### Children

Certain restrictions apply to children under the age of 18. Please refer to a consultant at your branch for details in this regard.

### Right of admission to facilities reserved

Right of admission to Planet Fitness South Africa (PTY) Ltd. ("the Company") is reserved.

### Limitation of liabilities

Planet Fitness will not be liable or responsible for any theft, death, harm, damage, injury, loss or damage suffered by the member and/or their dependants and/or estate through or contributed to any cause whatsoever, including but not limited to any negligent (including gross negligent) act which occurred while the member and/or their dependants used the facilities, which facilities the member warrants they are sufficiently fit to use, nor shall Planet Fitness be liable for any act or omission or breach of contract on the part of Planet Fitness, its directors, employees, contractors, independent consultants or other member/s. It is the member's sole responsibility to ensure that they are sufficiently fit to take part in any exercise or activity offered by Planet Fitness. The member indemnifies Planet Fitness for any suffered due to faulty equipment and/or injury sustained by the member either inside or outside of the facility. I agree and acknowledge that I enter upon and exit the premises including parking areas and use the equipment and facilities entirely at my own risk.

### Clothing and hygiene

The club reserves the right to deny use of the club to any person whose attire is not considered being appropriate in connection with the public image of the club and its rules and regulations. Athletic shoes are required in all exercise areas. No black-soled shoes are permitted on the squash courts or aerobics floor. Clients must use a sweat towel at all times and must wipe equipment before proceeding to the next station. No member may exercise without a top. Proper swimming attire is required to be worn whilst utilising the pool area, steam rooms and saunas. Clients are required to wear swimming caps when utilising the pool. Clients are required to shower before entering the pool.

### Valuables and personal property

Planet Fitness will not be responsible for any loss, theft or damage to personal property of the member, dependant, guest or any third party. The member waives the right to sue the facility for any loss, theft or damage to personal property.

### Non-variation of agreement

This is the entire agreement between the parties and no representation, promise, warranty and/or agreement not contained herein shall be any force and effect between the parties. No extension of time or indulgence granted to the client will prejudice the rights of the facility in terms of this agreement.